

## Hard Reset Handshake

### End of Passion Trap Module 5 : The Truth About Motivation

Congratulations! You just completed The Passion Trap. Which means, you've begun to challenge some of the ideas you've been handed or that you've believed for a really long time about what it takes to live a truly fulfilling and meaningful life. And you know what happens when you begin to question some things? You start to question everything.

Because now you're becoming increasingly aware of how those ideas may be working against you. Aha! This is the inflection point. This is the moment when you turn in a new direction and gain a whole new perspective. It doesn't mean you know exactly where you're headed, who does? But that simple shift can alter your entire trajectory, and open up potential you didn't know existed. The question now is, what next?

What do you do with all this newfound awareness? How do you make sure you don't slip back into the old ways of thinking? Or gaslight yourself into staying exactly where you are? It's time to imagine how different things could be.

For instance, what if you could feel empowered and energized, strong, and unstoppable? What if you could break out of that rut and go from living on repeat to living with purpose and intention? What would it be like to take back your power, your agency, your independence, and stop letting other people's agendas and opinions hold sway over your own? From this point, some will turn back. In fact, most will. Others, maybe you, will begin to gain momentum in a whole new direction. But that's up to you.

And that means you must go from challenging the rules, to rewriting them. Of course, it's easy to trash yourself, to say that you're not good enough, you're stupid, lazy, and everyone's ahead of you, or you're too old. Please. That voice is loud. And it's on a loop. I liken all that negativity to a kind of malware that gets into your brain, corrupts the files, right? Bogs down your whole system. It keeps running quietly in the background. You may not even be aware of it draining your battery until you have no energy to do or change anything. How do we fix that? A Hard Reset.

We need to restore ourselves to factory settings, so that we can build back the way we want. And that's exactly what we're gonna do next.

If you thought the Passion Trap shook things up a bit, oh boy, that's just the tip of the iceberg. When you start to see what's really in your way, it's not only enlightening, it's exciting! It's freeing.

I invite you to join me for Hard Reset, rewrite the rules, reclaim your power. A program that helps to explore your own stories, memories, and ideas so that you can see what is, and has been, holding you back. And replace all that mental malware with new clarity and perspective.

You'll also learn tools that you can go back to and use again and again so that you don't slip back into your old way of thinking. The goal? To restore you to your independence by putting you back in control. In Hard Reset, I walk you through a process for clearing out all of that garbage and reigniting your curiosity, your creativity, losing the "baggage" and also the term baggage, which I really hate. And experiencing actual progress.

Think about it, what do you do when you've consumed too much sugar, junk, booze? You reset your diet by eliminating certain foods. What do you do when you've been hanging out with people who stress you out? You might do an emotional or spiritual reset to bring yourself back to calm and alignment. In Hard Reset we strip out the old, rotten, foundation and replace it with something stronger. Something you put there on purpose. And in so doing, you begin to feel your own confidence build. When you start to see how you can put what you're thinking into action.

At the end of the program you'll feel reconnected to your values and goals, and you'll have a roadmap, and a set of rules that you will write for how you'll approach and even plan your weeks, let alone your whole life. You'll also create your own personal rider. Which helps ensure that you have what you need to stay focused. If you want things to actually change, right? To feel different, you can't just wait for things to spontaneously happen out of nowhere. You need to create the space and the conditions to discover it, let alone do it.

So the question is, how bad do you want to change things? I've used this same process with hundreds of people over the years. They've reported going from feeling stuck and insecure and unsure to feeling creative, confident, and in control, in ways they hadn't felt in years— or ever.

Kristina Eisenhower is a creative empowerment coach and the author of *The Art of Positive Disruption*. And she says "Working with Terri has been the most conscious, creative, clarifying, and confidence-boosting experience I've had."

Lisa Kramer is an educator, activist and author, and the co-founder of Spark Collaborative. And Lisa says "Terri helped me realize that I do have things to say, stories to tell, messages to share— and that I just needed help getting out of my own way."

There are lots more but I'm not gonna keep you here all day. The reason to do Hard Reset is because not only is it the logical next step, but it's fun! It should be fulfilling to do this kind of work. And it will change the way you see and feel about your life, and your options, while helping you feel energized, focused, and free.

Just go to [territrespicio.com/hardreset](https://territrespicio.com/hardreset) for more information and to gain access to the program today. I hope to see you there.

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