

Breakthrough

The Passion Trap Handshake

Congratulations, you've just completed The Passion Trap. Which means you've begun to challenge some of the ideas you've been handed or that you've believed for a really long time about what you should do, about what's possible for you and what you're supposed to do to live a happy, successful life. And you know what happens when you begin to question some things? You begin to question everything.

What we've done to date is to dispel the common misconceptions around passion, talent, motivation, all of it. This is where your journey really begins. How do you take this awareness and transform it? How do you allow it to transform you? How do you make sure you don't slip into the old ways of thinking or gaslight yourself into saying exactly where you are? This could be your personal inflection point where everything changes if that's what you want to happen.

It's time to imagine how different things could be. I'm guessing that there's some part of you that always imagined doing something more, having more impact, taking a chance, chasing something with deeper meaning. How many years have you spent thinking about starting that project, pursuing that goal, instead of doing well, anything about it? I'm going to guess that you've been thinking about this stuff for a long time.

You've been looking over the fence and wondering what could be what you might do or quit or start. You think if only I were younger, smarter, more motivated, more disciplined, if only I had more confidence, time, talent, money. So how would you finish this sentence, if only I...

I promise you're not the only one who feels that way. The idea that we need more of something, of anything in order to pursue what we really want, that's a trap. And probably if you've gotten this far, you've worked really hard to do everything twice as fast. You've followed the rules, you've tended to all the needs, most of which aren't even yours. You've prided yourself on your discipline, your generosity, your willingness to be patient and wait and wait and wait. How long must you wait? When is it your turn? Oh, I can't because, and here come the rules, right? We're all guilty of this. The rules you've been told, the things you've dutifully followed.

Fact is from this point, some will turn back. They'll say, actually, it's fine. I'm cool with all of this as it is, most people will. It's just easier in some way to keep things the way they are. Even if they're not great, then it is to take a risk, to lean in hard to what you really want. Other people, maybe you, will begin to gain momentum in a whole new direction,

but that's up to you. What if I could prove to you that you don't need more of anything to pursue what you really want? That you could break this pattern of thinking and doing, and stop letting other people's agendas and opinions hold sway over your own?

We cannot move the needle of our lives if we aren't willing to challenge some things, to push back, to create something of our own, to rewrite the rules for ourselves. You can, but it doesn't happen on its own. You must make space for it to happen. Something's got to give.

What you need is a Breakthrough.

If you thought The Passion Trap shook things up a bit, oh boy, that's just the tip of the iceberg. When you start to see what's really in your way, it's incredibly freeing. I invite you to join me for Breakthrough, a program I designed to set the stage for sudden clarity and insight.

How? By exploring your story's memory, imagination to see not just what's holding you back but the path forward. You'll also learn tools you can use over and over again so that you don't slip back into your old way of thinking. The goal is simple—to help you reclaim a sense of power agency and control.

Over the last decade of personal application and testing, I've refined this process into a powerful experience that has created major turning points in people's lives. How do I know? They told me! In Breakthrough, I walk you through a uniquely effective process for clearing out all of that garbage and reigniting your curiosity, your creativity, losing the baggage, hate that word, and also the term baggage, right? Because it's not helpful at all. Rewriting your rules and experiencing actual progress. At the end of the program, you'll feel revitalized and recommitted to your values and your goals, and have a plan for gaining ground instead of losing it.

Part of that is creating your own personal rider, which ensures you stay focused and remain your best advocate. Because if you want things to really change, it doesn't happen spontaneously. You need to create the right conditions and ask the right questions to discover it, let alone do it.

So the question is, do you want to change things? Do you want to create a turning point? Do you want next year to be different from this year? Do you want to feel more powerful, more free, and more excited about your work and your life? The approach you'll learn in Breakthrough is one I've used and adapted with hundreds of people over the years. They have reported going from feeling stuck and insecure and unsure, to

feeling creative, confident, and in control in ways they haven't felt in years or maybe ever.

Here's what people are saying about the program. Patricia says, "I am growing in leaps and bounds, and it is thrilling. You discover why you are operating the way you do in all parts of your life." And Michael says, "I'm so happy with the breakthroughs I'm having as a result of this course. I didn't know until now, how beautiful I am inside and how much I have to share." Jenny got real clear about what she wants to do. She wrote to me, "I finally acknowledged my true feelings and what I've always wanted to do, write books for children, and it is deeply satisfying."

The real reason to do Breakthrough is not only that, it's the best next step, but it's fun. I mean, is there anything more fascinating than our own lives, than our own potential? No. To answer your question, there is not. It will change the way you see and feel about your life and your options. Just go to territrespicio.com/breakthrough for more information and to gain access to the program today. I hope to see you there.

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